



# HOLISTIC HEALTH BONE SUPPORT

Holistic Health's Bone Support supplement has been specifically formulated with calcium and phosphorus in the form of Microcrystalline Hydroxyapatite (MCHA) processed to preserve its naturally occurring properties found in your body. MCHA is backed by over 30 years of positive bone health research.

For additional support we included the key minerals Magnesium and Boron in the highly bioavailable "chelated" form as well as vitamin K2 which according to NIH research: "should be considered for prevention or treatment in those conditions known to contribute to osteoporosis".



## Highlights

- Holistic Health's Bone Support supplement has been specifically formulated with calcium and phosphorus in the form of Microcrystalline Hydroxyapatite (MCHA) processed to preserve its naturally occurring properties found in your body. MCHA is backed by over 30 years of positive bone health research.
- For additional support we included the key minerals Magnesium and Boron in the highly bioavailable "chelated" form as well as vitamin K2 which according to NIH research: "should be considered for prevention or treatment in those conditions known to contribute to osteoporosis".

## Recommend Use

- Take 6 capsules daily with food or as directed by your health care practitioner.

## Supplement Facts

Servings Per Container: 30      Serving Size 6 capsules

	Amount Per Serving	% DV
Vitamin D (as cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin K (as phylloquinone)	500 mcg	417%
Calcium (from microcrystalline hydroxyapatite)	500 mg	38%
Phosphorus (from microcrystalline hydroxyapatite)	227 mg	18%
Magnesium (as magnesium amino acid chelate)	300 mg	71%
Boron (amino acid chelate)	300 mcg	*
Vitamin K2 [as natural menaquinone-7 (K2Vital™)]	30 mcg	*

\*DV not established

### Other Ingredients:

Gelatin, Microcrystalline Cellulose, Magnesium Stearate, Silica.

US FDA cGMP compliant for 21 CFR Parts 111 and 117  
Manufactured in a Health Canada approved facility  
NSF cGMP certification  
Certified organic product authorization by Quality Assurance International